



## **Do You Ever Wish Your Child Came With Instructions?**

**Can I Add Rice to This Bottle? What Do I Do About These Tantrums?  
How Do I Handle These Tween Mood Swings?**

**White House Clinic Pediatrician, Dr. Alycia Walty, and Pediatric Nurse Practitioner, Nancy Barrett, Will Answer These Questions & More At Weekly Parenting Groups Beginning Next Week!**

- ❖ **Topics Will Switch Every Two Weeks.**
- ❖ **February & March Will Focus on Babies & Toddlers.**
- ❖ **Late April & May Will Be Dedicated to Older Kids.**
- ❖ **Each Topic Will Be Discussed at a Morning & Evening Group to Accommodate All Schedules.**



**Call 287-7104 or Visit [www.whitehouseclinics.com](http://www.whitehouseclinics.com)  
for Schedule of Classes!**

**Child Care Provided. Snacks Provided.  
Free Gift to All Who Attend & An Opportunity to Win Door Prizes!  
All Jackson County Families Welcome!  
Expectant Families Welcome Too!**



## **Parenting Support Schedule**

### **So I Had a Baby, Now What?**

*Discussing the Surprises That Come Along with A Newborn & How Your Pediatrician Can Help.*

**Thursday, February 11 @ 5:00 p.m. White House Clinic – McKee OR**

**Wednesday, February 17 @ 11:00 a.m. White House Clinic - McKee**

### **Is Bye-Bye One Word or Two?**

*Important Milestones in Toddlerhood & How to Support Your Child's Learning.*

**Thursday, February 25 @ 5:00 p.m. White House Clinic – McKee OR**

**Wednesday, March 3 @ 11:00 a.m. White House Clinic - McKee**

### **Can My Baby Eat Bananas?**

*Answering All Your Questions About Your Baby's Diet During the First Year*

**Wednesday, March 10 @ 11:00 a.m. Jackson County Public Library OR**

**Thursday, March 18 @ 5:00 p.m. Jackson County Public Library**

### **What Do I Do About These Tantrums?**

*Tips for Handling The Terrible Two's . . . and Three's . . . and Four's . . .*

**Wednesday, March 24 @ 11:00 a.m. Jackson County Public Library OR**

**Thursday, April 1 @ 5:00 p.m. Jackson County Public Library**

**All Jackson County Families Welcome to Attend!  
You Do Not Have to Be a WHC Patient.  
Expectant Families Welcome Too!  
Door Prizes! Free Gifts! Snack! Child Care Provided!**